26-27 WAHOSA Competitive Event Blocks

Washington HOSA student delegates are allowed to compete in up to three competitive events at the State Leadership Conference (SLC). Delegates may participate in as many recognition events as they would like, in addition to their competitive events. Review all event guidelines here.

To facilitate efficient scheduling of events, "competitive blocks" will be instituted moving forward. Students will not be able to compete in events in the same competitive block, with exception to Block 1 as it consists of events with on-line tests completed during the on-line testing window prior to SLC. The blocks and their assigned competitive events are outlined below. Delegates and Advisors are encouraged to use this document to avoid registering for events in conflicting blocks. This would be especially important for events in which teammates are involved to accommodate differing event schedules

Overview of Blocks

At Chapter's School/Facility/Building

Block 1 – January 25 – February 5, 2027; specific test dates and times arranged by Advisor(s) and Proctors

Block 2 - ATC Block – January 25 – February 5, 2027

- **ATC tests do not count towards a student's 3 competitive events**. Students can register for 2 ATC tests with registration. If they want to take 3 or more tests, a charge of $10 per test will be added to the student's registration.

At SLC – Spokane Convention Center

Block 3 – Wednesday March 10 from 8am to 12pm

Block 4 – Wednesday March 10 from 1pm to 5pm

Example Scenarios

A delegate could compete in three of the on-line test only competitive events in Block 1. This, however, would prevent them from competing in any events physically at SLC as they will have already reached their three competitive event max.

A delegate could compete in Behavioral Health (an on-line test only event in Block 1), Sports Medicine (an on-line test plus Round 2 element event in Block 1 and 4, respectively) and EMT (an on-line test plus Round 2 element event in Block 1 and 3, respectively), assuming the on-line tests are scheduled by the Advisor in such a manner there isn't a conflict. Should this delegate qualify for Round 2 in both Sports Medicine and EMT, they would not have a conflict as Sports Medicine – Round 2 is in Block 4 and EMT – Round 2 is in Block 3. As the EMT event requires two competitors, a conflict could arise if a partner is registered to compete in a different event in Block 3.

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High School and Postsecondary/Collegiate Competitive Event Blocks

Block 1	Online Tests Only	• All Health Science Events *Excluding Medical Spelling* • Epidemiology
Block 2 ATC Block	Online Tests Only	• All ATC National Geographic Tests
Competitions with displays	Display Times	• Display set up time for display events (2pm-5:30pm set-up; display time* 5:30-7:00 pm)
*If a chapter cannot make it to the set-up time between 2 and 5:30 pm, please reach out to WAHOSA's Executive Director ASAP at elizabeth@wahosa.org.		
Block 3	Competitions Wednesday, March 11 8:00 AM - 12:00 PM	Health Professions Events • Clinical Laboratory Science • Family Medicine Physician • Nursing Assisting • Patient Care Technician • Personal Care (IEP required) • Physical Therapy • Respiratory Therapy • Veterinary Science Emergency Preparedness Events • CERT • Emergency Medical Technician • Mental Health Promotion • Public Health Leadership Events • Extemporaneous Writing (60 minutes) • Healthy Living • Interviewing Skills (IEP required) • Job Seeking Skills • Researched Persuasive Writing/Speaking Teamwork Events • Creative Problem Solving • Community Awareness • Forensic Science • HOSA Bowl • Health Education

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Block 4	Competitions Wednesday, March 10 1:00 PM - 5:00 PM	Health Science Events • Medical Spelling Health Professions Events • Biotechnology • Clinical Specialty • Dental Science • Home Health Aide • Medical Assisting • Occupational Therapy • Pharmacy Science • Phlebotomy • Sports Medicine Emergency Preparedness Events • CPR/First Aid • Life Support Skills (IEP required) • MRC Partnership Leadership Events • Health Career Photography • Prepared Speaking • Speaking Skills (IEP required) Teamwork Events • Biomedical Debate • Parliamentary Procedure • Public Service Announcement • Medical Innovation • Health Career Display • Research Poster

Events highlighted in Blue require a student to qualify to compete at SLC through a Regional Conference. Information about Regionals can be found on the WAHOSA Website under the Regional Leadership Conference Tab.

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Middle School Competitive Event Blocks

Block 1	Online Tests Only	All Health Science Events • Health Career Exploration • Foundations of Medical Terminology • Foundations of Medical Math • Foundations of Medical Reading • Foundations of Nutrition
ATC Block	Online Tests Only	ATC Tests
Competitions with displays	Display Times	Display set up time for Health Career Display, Research Poster, Medical Innovation, and Exploring Medical Innovation (2pm-5:30pm; display time* 5:30-7:00 pm & 10-11pm)
*if a chapter cannot make it to the set-up time between 2 and 5:30 pm, they can set up during the 5:30-7:00 pm time window and then must be at the 10-11pm display time. Competitors must attend one display time but do not need to attend both.		
Block 3	Competitions Wednesday, March 10 8:00 AM - 12:00 PM	• Dynamic Decisions • Health Education • HOSA Bowl • Health Career Preparation • Healthy Living • Public Health • Foundations of Respiratory Therapy • Foundations of Veterinary Science
Block 4	Competitions Wednesday, March 10 1:00 PM - 5:00 PM	• Exploring Medical Innovation • Extemporaneous Health Poster • Health Career Display • Life Threatening Situations • Prepared Speaking • Speaking Skills (IEP Required) • First Step Career Skills • Foundations of Pharmacy Science

26-27 WAHOSA Competitive Event Blocks

Competition Upload Requirements

Students will be required to upload competitive digital materials to the HOSA CMS System. If students qualify for ILC, they will need to resubmit their documents utilizing the CMS system.

Competitions with a required upload (SLC)

1. Clinical Specialty (Portfolio)
2. Community Awareness (Portfolio by one team member)
3. Emotional Well-Being Challenge (Cover page, Summary of the Evaluation Plan/Tool, and URL Link for Digital Recorded Presentation) - **WAHOSA SLC will not have an in-person presentation component**
4. Exploring Medical Innovation (exhibit plan by one team member)
5. Family Medicine Physician (Interview Verification Form)
6. Health Career Photography (Portfolio)
7. **HOSA Happenings (Portfolio by one chapter student) - WASHINGTON ONLY**
8. Interviewing Skills (Personal Statement and Resume)
9. Medical Innovation (exhibit plan by one team member)
10. MRC Partnership (Portfolio by one team member)

Students and Advisors should visit the HOSA website for additional information and instructions: https://hosa.org/competitive-event-digital-uploads/

Pre-Judging

For competitions with a digital upload, Washington HOSA may choose to use scores from pre-judging as a qualifier for in-person competition.

Considerations for Required Submissions:

There is a file size limit for submissions. To avoid an upload error, please be sure to save your PDF as a compressed file or reduce the size of your embedded images. For instructions on how to do this, please visit: http://www.hosa.org/reducing-file-size/

If your competition has a required link, please ensure that the video is available to view publicly online. To ensure that your link can be viewed, you can open a private or incognito browser window and enter the link. If your video can be viewed in a private or incognito window, it is publicly available. If not, you will need to figure out how to make your video public. A recommendation is to do this on YouTube through an unlisted or public video.

26-27 WAHOSA Competitive Event Blocks

How to Digitally Submit materials

For the 2026-2027 membership year, the HOSA Digital Upload System will be used.

Competitor Instructions:

- Using the Digital Upload System
  - Video Tutorial Link
  - Quick Glance Handout

TIPS FOR SHARING PUBLIC LINKS

Chapter Advisor Instructions:

- Registering for Conferences including Digital Uploads
  - Video Tutorial Link
  - Quick Glance Handout
- Using the Digital Upload System
  - Video Tutorial Link
  - Quick Glance Handout