

Your How-to-HOSA Med Kit



2025 Fall Leadership Conference
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01

EVENTS FOR YOU

How to choose the competitive
events right for you

SO MANY CHOICES...

...but HOSA has got you covered! Check out their [Competition Useful Tools](#) webpage which includes:

- An Informative Video
- Middle School Flowchart
- Secondary/Post-Secondary Flowchart

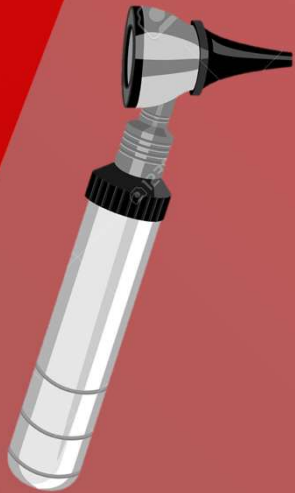


02

EVENT GUIDELINES

Must know information for
competitive and recognition events

EVENT LINGO TO KNOW



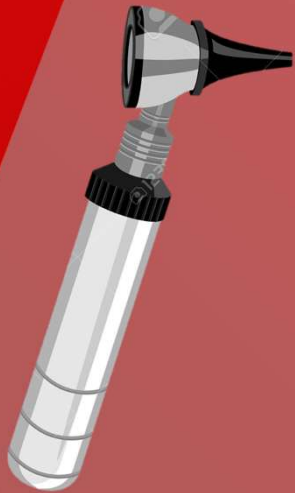
Division – The category in which you compete (based on grade level); there are three divisions:

- Middle School (MS)
- Secondary/High School (SS)
- Postsecondary/Collegiate (PS)

Chapter or Charter Number – A 5-digit number assigned to your chapter by HOSA; needed for digital uploads and service activity reporting

Ask your advisor for your chapter/charter number

EVENT LINGO TO KNOW



Member ID – A 7-digit number unique to individual members

Ask your chapter advisor for your member ID

Recognition Events – No limit to the number of these events members can participate in

Competitive Events – SLC limits members to *three*; ILC limits members to *one*

IDEA Events – Competitive events specially designed for IEP eligible members only

EVENT GUIDELINES

LOGIN | PHOSA | DONATE | ALUMNI | TRANSLATE



About ▾ MyHOSA ▾ Partners ▾ Competition ▾ Conferences ▾ Resources ▾

2025-2026 COMPETITIVE EVENT GUIDELINES

[Middle School Events](#) | [Health Science Events](#) | [Health Professions Events](#) | [Emergency Preparedness Events](#)

[Leadership Events](#) | [Teamwork Events](#) | [Recognition Events](#) | [NGL](#) | [Cengage Academic Testing Center](#)

EVENT GUIDELINES ANATOMY |

All guidelines have the same general information:

- **Updates** – Changes made to the event
- **Event Summary** – What does the event entail?
- **Dress Code** – Some events allow for special uniforms
- **Materials** – To be supplied by the competitor, if applicable
- **References** – Publications used to generate tests/skills
- **Event Components**
- **Scoring**
- **Skill/Judging Criteria Sheets**

| EVENT CHARACTERISTICS IN ONE PLACE

Want to know whether an event has a Rnd 2?

How about an on-line test?

Is it a team event?

Digital upload required, perhaps?

The answers to these questions lie here...

The Event Characteristics Profile

03

RESOURCES & PREP

What is available to competitors in
preparation for their events

IN A WORD, WEBSITES |

Visit them. A lot. All answers lie within...

hosa.org

wahosa.org



STUDY TOOLS & IDEAS |

References used by HOSA are listed in the event guidelines.

- Create a chapter “library” of references/books
- Will your CTE Department be willing to purchase books?
- Is your chapter affiliated with your ASB? Could you get funds from it to purchase materials/books?
- Ask your librarian if they can purchase books to check out
- Quizlet and other digital study tools
- Study Groups
- YouTube videos

04

WHAT'S NEW

What is new for competitive
events in general

REGIONAL LEADERSHIP CONFERENCE |

Can register for up to *two* events, but you must follow the SLC block schedule:

Block 3 – Mental Health Promotion, Public Health, Job Seeking Skills, Researched Persuasive Writing/Speaking and Health Education

Block 4 – Prepared Speaking, Research Poster, Public Service Announcement and Health Career Display

REGIONAL LEADERSHIP CONFERENCE |

- *Seven* competitors/teams for each event will qualify for SLC
- Registration closes December 19th
- Zoom appointments will occur on January 10th & 17th

STATE LEADERSHIP CONFERENCE |

National Geographic Learning Tests will be conducted during the on-line testing window at chapters' schools; two tests are included with your registration, additional tests can be taken at \$10 each

05

SLC REMINDERS

What you need to know for this
year's State Leadership Conference

IMPORTANT DATES – DECEMBER

15th *State Leadership Conference Registration Opens*

19th **Regional Leadership Conference (on-line only this year) Registration Closes**

IMPORTANT DATES – JANUARY

- 1st *State Officer Application Opens*
National Anthem Auditions Opens
- 9th Regional Competitive Event Uploads Due**
- 10th Regional Leadership Conference via Zoom** (by appointment)
 - Job Seeking Skills
 - Public Health
- 13th On-line Office Hours 6-7pm **Zoom**
- 15th *Pin and SLC T-shirt Design Contest Closes*
- 17th Regional Leadership Conference via Zoom** (by appointment)
 - Health Education
 - Mental Health Promotion
- TBA *ILC Registration Opens*
- 23rd Regional Leadership Conference Results Released
- 26th-30th State Leadership Conference On-line Testing**
- 30th State Leadership Conference Registration Closes**

IMPORTANT DATES – FEBRUARY

- 2nd-13th State Leadership Conference On-line Testing**
10th On-line Office Hours 6-7pm **Zoom**
13th State Leadership Conference Uploads Due
State Officer Application Due
State Leadership Conference Recognition Events Due
Outstanding HOSA Advisor Nominations Due
National Anthem Auditions Due
18th Diversity in Healthcare Panel via **YouTube Live** 6:00 - 7:00 PM
TBA State Officer Interviews (by appointment)
24th On-line Office Hours 6-7pm **Zoom**

IMPORTANT DATES – MARCH

2nd-4th **State Leadership Conference** - Spokane, WA
27th ILC Commitment Form Due

EVENT BLOCKS AT SLC |

Jan. 26th-Feb. 13th

Block 1 – On-line & National Geographic Testing

Block 2 – *Does not exist this year*

March 3rd 8am to 12pm

Block 3 – In-Person Only & Round 2 Events

March 3rd PM 2pm to 6pm

Block 4 – In-Person Only & Round 2 Events

Digital Uploads & Activity Tracking

Welcome to HOSA Apps

If you are Proctoring a Test or Taking a Test, please continue to [HOSA's Online Testing System](#).

All other users may sign in below to access HOSA's Membership and Conference Management Services.

HOSA Apps Login

Login

Password

[Forgot Password?](#)

[Judges](#) [Alumni Registration](#) [Member Activity Tracking](#) [Online Testing](#)

Login



06

DRESS CODE

The looks you need for conference
sessions and events

OFFICIAL MERCH



- LOGIN
- SHOP HOSA
- DONATE
- ALUMNI
- TRANSLATE



- About ▾
- MyHOSA ▾
- Partners ▾
- Competition ▾
- Conferences ▾
- Resources ▾



FOR SAVVY SHOPPERS |

- Chapter can purchase HOSA blazers, ties and/or patches for member check out

Make your own *official* HOSA uniform:

- Value Village, Goodwill and other secondhand vendors (Good for the wallet and better for the environment!)
- Retailers like Target, Macy's, Banana Republic, etc. typically carry suits
- ...then purchase a HOSA patch and tie!

OFFICIAL HOSA UNIFORM vs A SUIT



- Navy blazer ^{or black} ~~with HOSA patch~~
- White collared shirt
- ~~HOSA~~ tie
- Matching navy pants/skirt ^{or black}
- Closed toed shoes



THANK YOU

Question time!



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